

# Community Education

## summer 2008 schedule

OREGON CITY PUBLIC SCHOOLS

• Providing learning opportunities  
• Building community

Auxiliary Services  
Eastham Community Center  
1404 7th St.  
Oregon City, OR 97045  
503.785.8520



# OREGON CITY COMMUNITY SCHOOLS

## Summer Greetings!

Activities for all ages

If you have an idea for a class you would like to see offered, call us!  
503.785.8520

**MOST CLASSES START THE WEEK OF JUNE 23RD**

### REGISTRATION INFORMATION

Registration is NOW OPEN for all classes, including ballet, and is on a first-come, first-served basis. You may register in any of the following ways:

**WALK-IN BETWEEN 7 A.M. – 4 P.M.**

with payment

Eastham Community Center (7th & Harrison)

**MAIL-IN**

with check or Visa/Mastercard

Mail to:

Oregon City Community Schools  
P.O. Box 2110  
Oregon City, OR 97045

**PHONE-IN**

with Payment by Visa/Mastercard  
Call 503.785.8520

Assume you are registered if you are not contacted. **We do not send out confirmation of registration.** Classes may fill before the first class meeting, or be cancelled due to lack of registration.

**Refunds will automatically be given whenever a class is cancelled. For other refunds, a request must be received prior to the second meeting or three days prior to a one-time only class. A \$5 handling fee will be assessed, except for those classes cancelled by Community Schools. Lab Fees will not be refunded after the first class.**

**Registration deadline** for all classes is 5 business days prior to class beginning. Late registrations will be accepted on a space-availability basis.

**For class locations,** see Schedule listings.

**Parking:** Parking at Eastham Community Center is by the playground (at the back side of the school).

**Inclement Weather:** If the Oregon City Schools are closed due to inclement weather then assume all classes are cancelled.

**All Children Deserve a Chance:** Do you know of any children with physical, mental or emotional problems who are not receiving an education? No matter what the problem, or its severity, the child is entitled to an education. It's the law!

Oregon City School District offers a number of special programs for disabled children, many of which are incorporated into regular school programs.

Help us find children with disabilities who are not receiving an education. For more information, call 503.785.8400.

### ADULT

| DAY | DATE(S) | TIME | # WEEKS | LOCATION | FEE/LAB |
|-----|---------|------|---------|----------|---------|
|-----|---------|------|---------|----------|---------|

**Cultured Stone Planter**

Come join us for a fun afternoon of mixing and molding. Go home with a wonderful natural looking stone planter. It is the perfect addition for your garden or patio. Making birdbaths, fountains and stepping stones will also be covered. Dress for mess, bring a pair or two of sturdy rubber gloves and join the fun. Instructor: Renee Elting. Age(s): Adult.

|   |     |                |   |                          |      |
|---|-----|----------------|---|--------------------------|------|
| S | 8/2 | 10 a.m.–2 p.m. | 1 | Eastham Community Center | \$39 |
|---|-----|----------------|---|--------------------------|------|



**Jazzercise, A.M.**

When you love your workout, the results come easy. That's why Jazzercise blends aerobics, yoga, Pilates and kickboxing movements into fun dance routines set to fresh music. All fitness levels welcome! Call for class pass prices. 971.219.0790. Childcare provided for weekday morning classes. Instructor: Staff. Age(s): Adult.

|     |          |                 |    |                          |  |
|-----|----------|-----------------|----|--------------------------|--|
| M-S | 6/23-9/4 | 9:15-10:15 a.m. | 11 | Eastham Community Center |  |
|-----|----------|-----------------|----|--------------------------|--|

**Jazzercise, P.M.**

Same description as previous class. Instructor: Staff. Age(s): Adult.

|      |           |                |    |                          |  |
|------|-----------|----------------|----|--------------------------|--|
| M-Th | 6/23-9/04 | 5:45-6:45 p.m. | 11 | Eastham Community Center |  |
|------|-----------|----------------|----|--------------------------|--|

**One Stroke Back to Basics**

If you can't draw stick figures, then this is the class for you! The most popular painting technique to ever hit the Art World. By the end of our time together you will be painting right along with Donna Dewberry. Materials list supplied at registration. Fee includes project. Instructor: Glenda Jones. Age(s): Adult.

|   |           |             |   |                          |      |
|---|-----------|-------------|---|--------------------------|------|
| M | 6/23-7/21 | 6-8:30 p.m. | 5 | Eastham Community Center | \$80 |
|---|-----------|-------------|---|--------------------------|------|

**One Stroke Plus**

You must have had the One Stroke Basics class or another painting class that was comparable. Exploring the flower to the fruit is the theme of this painting class. When you are finished with the fruit they will look good enough to eat. Materials list supplied at registration. Fee included project. Instructor: Glenda Jones. Age(s): Adult.

|   |           |             |   |                          |      |
|---|-----------|-------------|---|--------------------------|------|
| W | 6/25-7/23 | 6-8:30 p.m. | 5 | Eastham Community Center | \$80 |
|---|-----------|-------------|---|--------------------------|------|

**Recreational Piano for Adults**

Learn to play piano/keyboard by ear and by note, explore practical use of chords, and meet new friends in an enjoyable small class setting. Materials included. Instructor: Staff. Age(s): Adult.

|     |          |             |   |                    |      |
|-----|----------|-------------|---|--------------------|------|
| M/W | 8/4-8/13 | 7:15-8 p.m. | 2 | Harmony Road Music | \$65 |
|-----|----------|-------------|---|--------------------|------|

**Soap Making Workshop**

Soap making can be fun and easy. Once you have used handcrafted soap it's hard to do without it. In this very hands on "make and take" workshop you will learn about the process, safety concerns and how to make your own customized soaps for family and friends. Please bring goggles and rubber gloves. Instructor: Rene Elting. Age(s): Adult.

|   |      |                |   |                          |      |
|---|------|----------------|---|--------------------------|------|
| S | 7/19 | 10 a.m.–2 p.m. | 1 | Eastham Community Center | \$50 |
|---|------|----------------|---|--------------------------|------|





**ADULT, continued**

| DAY   | DATE(S)   | TIME        | # WEEKS | LOCATION                 | FEE/LAB |
|---|-----------|-------------|---------|--------------------------|---------|
| <b>Tae Kwon Do</b>  |           |             |         |                          |         |
| An intro to Korean Karate that will earn your way to your first belt advancement. A “noncontact” course that focuses on basic techniques and principals of Tae Kwon-Do. Class open to every one of all ages—families and friends are encouraged to join and participate. Uniform and Patches are purchased from instructor on 1st night (\$40). Instructor: Mike Dutton. Age(s): 6 yrs. to adult. |           |             |         |                          |         |
| T/Th  | 6/24–8/21 | 5:45–7 p.m. | 9       | Eastham Community Center | \$70    |

**YOUTH**

**Babysitting, Red Cross**

This 6.5 hour class is interactive, multimedia, activity-based and provides information every babysitter should have and what parents expect. Each student receives an informative handbook that provides information on injury prevention, first aid and basic child care skills. Participants earn a Red Cross certificate and also pack a “sitter bag” as a class assignment. Bring paper, pencil and lunch. Instructor: Staff. Age(s): 11-15 yrs.

|   |     |                  |   |                          |      |
|---|-----|------------------|---|--------------------------|------|
| S | 8/9 | 9 a.m.–3:45 p.m. | 1 | Eastham Community Center | \$55 |
|---|-----|------------------|---|--------------------------|------|



**Driver’s Education**

**Required parent meeting 6/19.** Must register at Eastham with valid learner’s permit. Satisfies state requirement of 30 hour classroom and 12 hours behind the wheel. Drive time selected at registration. If a student already has their license, or if they obtain their license prior to completing their Driver Education classroom and in-vehicle instruction, they will be charged an additional \$200 tuition. \$25 nonrefundable. Instructor: DeWitz. Age(s): High School student 15 yrs. or older.

|      |           |           |   |                |       |
|------|-----------|-----------|---|----------------|-------|
| T/Th | 6/24–7/24 | 8–11 a.m. | 5 | Clairmont Hall | \$230 |
|------|-----------|-----------|---|----------------|-------|

**High School Credit Recovery**

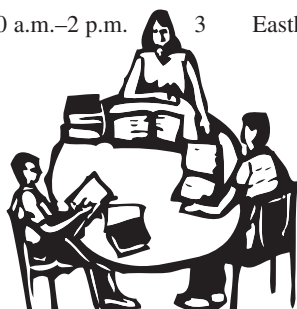
For students who need to make up English, 20th Century Global History, US Government, US History, Economics or Health credits. Teachers provide 1-1 instruction, set assignment due dates, administer tests/quizzes, and track student progress. All students will have homework. For information and registration contact Cascade Academics at 503.557.0336 Instructor: Cascade Academics. Age(s): 9th–12th Grades.

|     |          |              |   |                          |          |
|-----|----------|--------------|---|--------------------------|----------|
| M–F | 7/7–7/25 | 8:30–11 a.m. | 3 | Eastham Community Center | \$137.50 |
|-----|----------|--------------|---|--------------------------|----------|

**High School Credit Recovery**

For students who need to make up English, History, 20th Century Global History, US Government, US History, Economics or Health credits. Teachers provide 1-1 instruction, set assignment due dates, administer tests/quizzes, and track student progress. All students will have homework. For information and registration contact Cascade Academics at 503.557.0336 Instructor: Cascade Academics. Age(s): 9th–12th Grades.

|     |          |                   |   |                          |          |
|-----|----------|-------------------|---|--------------------------|----------|
| M–F | 7/7–7/25 | 11:30 a.m.–2 p.m. | 3 | Eastham Community Center | \$137.50 |
|-----|----------|-------------------|---|--------------------------|----------|



**YOUTH, continued**

| DAY  | DATE(S)  | TIME | # WEEKS | LOCATION            | FEE/LAB |
|--|----------|------|---------|---------------------|---------|
| <b>High School Musical Camp for Boys</b>   |          |      |         |                     |         |
| <i>Auditions June 21st.</i> Audition, Rehearse and Perform in this OC Children’s Theatre Presentation. All students are guaranteed a role. <i>Must attend all rehearsals!</i> Participation in ticket sales required. Performances August 7, 8, and 9. Fee includes T-shirt and trophy. For further details visit <a href="http://www.occtheatre.org">www.occtheatre.org</a> or call Eastham. Instructor: Michelle Dodge. Age(s): 10 and up. |          |      |         |                     |         |
| M–F  | 7/14–8/6 |      | 4       | OCHS Jackson Campus | \$125   |

**High School Musical Camp for Girls**

*Auditions June 21st.* Audition, Rehearse and Perform in this OC Children’s Theatre Presentation. All students are guaranteed a role. *Must attend all rehearsals!* Participation in ticket sales required. Performances August 7, 8, and 9. Fee includes T-shirt and trophy. For further details visit [www.occtheatre.org](http://www.occtheatre.org) or call Eastham. Instructor: Michelle Dodge. Age(s): 10 yrs.

|     |          |  |   |                     |       |
|-----|----------|--|---|---------------------|-------|
| M–F | 7/14–8/6 |  | 4 | OCHS Jackson Campus | \$125 |
|-----|----------|--|---|---------------------|-------|

**High School Musical Camp for Girls**

*Auditions June 21st.* Audition, Rehearse and Perform in this OC Children’s Theatre Presentation. All students are guaranteed a role. *Must attend all rehearsals!* Participation in ticket sales required. Performances August 7, 8, and 9. Fee includes T-shirt and trophy. For further details visit [www.occtheatre.org](http://www.occtheatre.org) or call Eastham. Instructor: Michelle Dodge. Age(s): 11 and up.

|     |          |  |   |                     |       |
|-----|----------|--|---|---------------------|-------|
| M–F | 7/14–8/6 |  | 4 | OCHS Jackson Campus | \$125 |
|-----|----------|--|---|---------------------|-------|

**Horseback Riding**

Professional instruction in English style riding, grooming and tack. All riders are required to wear helmets (provided) and hard-soled shoes or boots. Directions upon registration. Instructor: Staff. Age(s): 6+ yrs.

|    |           |             |   |                  |       |
|----|-----------|-------------|---|------------------|-------|
| T  | 7/22–8/12 | 2:30–4 p.m. | 4 | Highland Stables | \$120 |
| W  | 7/23–8/13 | 2:30–4 p.m. | 4 | Highland Stables | \$120 |
| Th | 7/24–8/14 | 2:30–4 p.m. | 4 | Highland Stables | \$120 |
| F  | 7/25–8/15 | 2:30–4 p.m. | 4 | Highland Stables | \$120 |
| T  | 7/22–8/12 | 4:30–6 p.m. | 4 | Highland Stables | \$120 |
| W  | 7/23–8/13 | 4:30–6 p.m. | 4 | Highland Stables | \$120 |
| Th | 7/24–8/14 | 4:30–6 p.m. | 4 | Highland Stables | \$120 |
| F  | 7/25–8/15 | 4:30–6 p.m. | 4 | Highland Stables | \$120 |

**Keyboard Prep Introduction**

An exciting introduction to keyboard/piano playing. Session include ear training, note reading, solfège singing (do, re, mi) and composing. Motivating and fun. Parents involved. Materials included Instructor: Staff. Age(s): 8-11 yrs.

|      |           |                |   |                    |      |
|------|-----------|----------------|---|--------------------|------|
| M/W  | 8/4–8/13  | 5:45–6:30 p.m. | 2 | Harmony Road Music | \$65 |
| T/Th | 7/15–7/24 | 5:30–6:15 p.m. | 2 | Harmony Road Music | \$65 |



**Keyboard/Piano for Teens**

A motivating intro class for keyboard/piano. Teens learn to play by ear and by note. Learn solo and ensemble playing in a small class setting. Instructor: Staff. Age(s): 13-18 yrs.

|      |           |                |   |                    |      |
|------|-----------|----------------|---|--------------------|------|
| T/Th | 7/15–7/24 | 6:30–7:15 p.m. | 2 | Harmony Road Music | \$65 |
|------|-----------|----------------|---|--------------------|------|

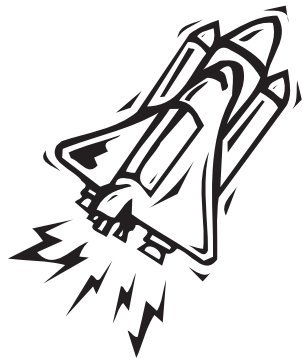
## YOUTH, continued

| DAY | DATE(S) | TIME | # WEEKS | LOCATION | FEE/LAB |
|-----|---------|------|---------|----------|---------|
|-----|---------|------|---------|----------|---------|

**Lego Robotics—Mars Mission**

The Summer Camp Challenge this year will be Mars Mission. Campers will explore life on Mars and what NASA is doing. On their mission, our engineering teams explore existing sciences currently being used, tools and applications. Our goal is to ensure all children have a fun time actively learning, but also leave our camp with a sense of self accomplishment they will be proud of. Instructor: Roger Collier. Age(s): 8-14 yrs.

|     |           |               |   |                          |       |
|-----|-----------|---------------|---|--------------------------|-------|
| M-F | 8/11-8/15 | 9 a.m.-3 p.m. | 1 | Eastham Community Center | \$190 |
|-----|-----------|---------------|---|--------------------------|-------|

**Lego Robotics—Sumobots**

Sumobots are coming to Oregon City!! You've seen them on TV, now build and compete with your own Sumobot. We will design, build and program robots to compete head to head in the Sumo ring. A champion will be crowned at the end of camp when we compete in front of parents, friends and family. Instructor: Roger Collier. Age(s): 8-14 yrs.

|     |           |               |   |                          |       |
|-----|-----------|---------------|---|--------------------------|-------|
| M-F | 8/18-8/22 | 9 a.m.-3 p.m. | 1 | Eastham Community Center | \$190 |
|-----|-----------|---------------|---|--------------------------|-------|

**Preschool Camp at Marylhurst**

Sign up your preschooler, kindergartner or 1st-3rd grader with Marylhurst Early Childhood Center for one of their six 3-day camps. Choose *A Walk through the Woods* July 1-3; *Land Before Time* July 8-10; *To Infinity and Beyond* July 15-17; *Silly, Slippery, Super Science* July 22-24; *Under the Sea* July 29-31; or *Down and Dirty in the Garden* August 5-7. Register at 503.650.0978. Instructor: Staff. Age(s): 3-8 yrs.

|      |           |           |   |                          |       |
|------|-----------|-----------|---|--------------------------|-------|
| T-Th | see above | 9-11 a.m. | 1 | Barclay Community Center | \$125 |
|------|-----------|-----------|---|--------------------------|-------|

**Tae Kwon Do**

An intro to Korean Karate that will earn your way to your first belt advancement. A "noncontact" course that focuses on basic techniques and principals of Tae kwon-Do. Class open to every one of all ages—families and friends are encouraged to join and participate. Uniform and Patches are purchased from instructor on 1st night (\$40). Instructor: Mike Dutton. Age(s): 6 yrs. to Adult.

|      |           |             |   |                          |      |
|------|-----------|-------------|---|--------------------------|------|
| T/Th | 6/24-8/21 | 5:45-7 p.m. | 9 | Eastham Community Center | \$70 |
|------|-----------|-------------|---|--------------------------|------|

**When I'm In Charge**

Class prepares children to respond safely to a variety of "Home Alone" situations. Participants will role play answering phone and door situations; discuss gun and internet safety; discuss personal safety and first aid situations. Parents are encouraged to attend the final half-hour of the class to watch the video and participate in an activity. Instructor: Staff. Age(s): 8-11 yrs.

|   |     |             |   |                        |      |
|---|-----|-------------|---|------------------------|------|
| M | 8/4 | 1-3:30 p.m. | 1 | King Elementary School | \$28 |
|---|-----|-------------|---|------------------------|------|

**Young Musicians Introduction**

A total musicianship program with solfège singing (do, re, mi) keyboard/piano solo and ensemble playing, ear training, note reading, rhythms and creative projects. Parents involved. Materials included. Instructor: Staff. Age(s): 6-7 yrs.

|      |           |                |   |                    |      |
|------|-----------|----------------|---|--------------------|------|
| M/W  | 8/4-8/13  | 6:30-7:15 p.m. | 2 | Harmony Road Music | \$65 |
| T/Th | 7/15-7/24 | 4:30-5:15 p.m. | 2 | Harmony Road Music | \$65 |

## YOUTH, continued

| DAY | DATE(S) | TIME | # WEEKS | LOCATION | FEE/LAB |
|-----|---------|------|---------|----------|---------|
|-----|---------|------|---------|----------|---------|

## COMMUNITY YOUTH SPORTS!

SUMMER 2008

**INDOOR SOCCER—COED SESSION I**

Grades PreK-6th • Registration deadline: May 30th (approximate season June 6-29)

This is a condensed session with 8 games per team. Teams will play 2 games per week, one weekday and one weekend. There will be no practices.

Fee \$65

**INDOOR SOCCER—COED SESSION II**

Grades PreK-6th • Registration deadline: June 27th (approximate season July 7-August 2))

This is a condensed session with 8 games per team. Teams will play 2 games per week, one weekday and one weekend. There will be no practices.

Fee \$65

**VOLLEYBALL CAMP**

Grades 4th-6th • Use *UpFront* Registration or call Eastham, 503.785.8520

Camp is M-Th, June 16-18, from 9 a.m.-noon.

This camp will be lead by Cami Beatty the assistant Varsity Volleyball coach.

## FALL 2008

Mark your calendar now, for the following youth sports coming in the fall of 2008. Space is limited. Late registrations will only be accepted on a wait list basis with an additional \$10 fee. All dates are tentative. Register now on the *Upfront* registration form or look for Fall Sports Registration forms to come home from your student's school the first week of classes in September.

## GRADE SCHOOL

**VOLLEYBALL—COED**

Grades 4-6. Registration deadline: September 12.

Practices start the week of September 22.

Fee: \$60

**INDOOR SOCCER—COED**

Grades PreK-4th. Registration deadline: September 12.

Practices start the week of Sept. 22.

Fee: \$65

**BOYS BASKETBALL**

Grades 3-6. Registration deadline: November 7.

Practices start the week of November 17.

Fee: \$60

## MIDDLE SCHOOL

**VOLLEYBALL**

Grades 7-8. Registration deadline: September 15.

Fee: \$70

**BOYS BASKETBALL**

Grades 7-8. Registration deadline: November 7.

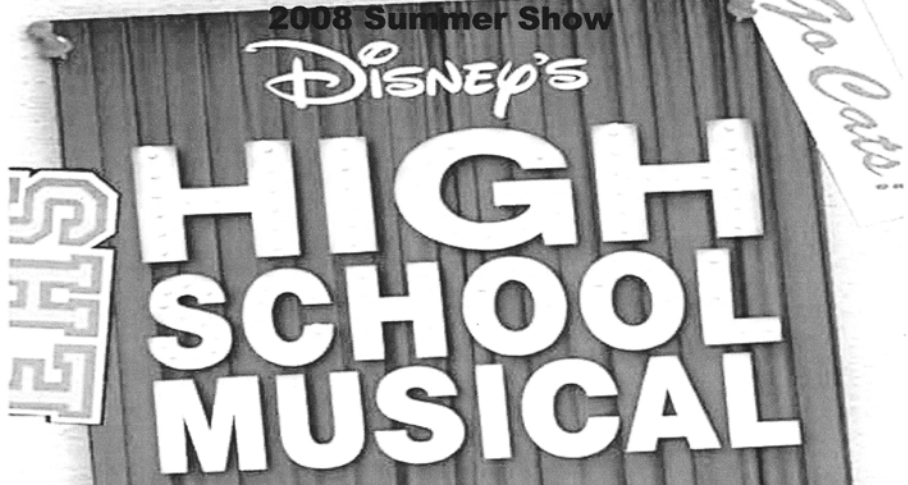
Fee: \$70

**VOLUNTEER COACHES NEEDED!**

If you're interested in being a volunteer coach, please call Todd Kemhus at Eastham Community Center, at 503.785.8513. No coaching experience is necessary.

**YOUTH, continued**

DAY DATE(S) TIME # WEEKS LOCATION FEE/LAB



**Oregon City Children's Theatre Presents**  
**2008 Summer Show**  
**Disney's HIGH SCHOOL MUSICAL**  
*No Cars!*

**Audition, Rehearse and Perform**

All who Register are guaranteed a role  
 (All Roles Open except Adult Roles of Ms Darbus and Coach Bolton)  
 Ages 10 and up - space is limited to first 50 to register!

**COST: \$125**  
 Includes T-shirt and Trophy  
 (And Mandatory participation in Ticket Sales Fundraiser)

Auditions Saturday June 21st  
 Rehearsals July 14th - August 6th (Monday - Friday & some Saturdays)  
**MUST BE AVAILABLE FOR ALL REHEARSALS!**  
 Performances August 7, 8, & 9

Registration At Oregon City Community Schools  
 503-785-8520  
 For more details:  
 Visit us Online @ [WWW.OCCTHEATRE.ORG](http://WWW.OCCTHEATRE.ORG)

**SPORTS CAMP**

**Volleyball Camp**

Volleyball camp lead by OCHS Assistant Varsity Coach and players. Fee includes camp T-shirt. Instructor: Cami Beatty. Age(s): 4th-6th Grades.

M-Th 6/16-6/19 9 a.m.-12 p.m. 1 OCHS Jackson \$60



**EXERCISE • SPORTS**

DAY DATE(S) TIME # WEEKS LOCATION FEE/LAB

**Cardio Camp**

This class is a high intensity cardio workout with step, dance and strength training combined. We will also learn a circuit routine that can be done at home. Learn basic moves that get results, discuss food groups and fitness goals. Register at 503.656.0228 Instructor: Fee. Age(s): Adult.

T/Th/F 6/24-8/29 8:30-9:45 a.m. 10 OC Fitness \$105

**Gentle Pilates**

Gentle Pilates is for the student who is a little more fragile and prefers a safe, slower paced approach to the work and still gets all the benefits of Pilates. Register directly with studio at 503.515.7585. Instructor: Fe Wagner. Age(s): Adult.

T 6/24-8/26 9-10 a.m. 10 Pilates with Fe \$75  
 Th 6/26-8/28 9-10 a.m. 10 Pilates with Fe \$75

**Intermediate Pilates**

The intermediate class is more challenging with emphasis on fluidity of movement, muscle control and strength. Register directly with studio at 503.515.7585. Instructor: Fe Wagner. Age(s): Adult.

T 6/24-8/26 7-8 p.m. 10 Pilates with Fe \$75  
 W 6/25-8/27 12-1 p.m. 10 Pilates with Fe \$75  
 W 6/25-8/27 6-7 p.m. 10 Pilates with Fe \$75



**Kid Trax**

Learn new dance combinations to cool new musicals. We will learn basic dance stretches and combinations focusing on jazz and pop. Participants should have some dance experience. Register at 503.656.0228 Instructor: Fee. Age(s): 8-12 yrs.

T/Th 6/24-8/28 10-11:30 a.m. 10 OC Fitness \$100

**Mixed Level Pilates**

The mixed level class is for both the intermediate and beginner who wants to take Pilates to the next level. Register directly with studio at 503.515.7585. Instructor: Fe Wagner. Age(s): Adult.

T 6/24-8/26 5-6 p.m. 10 Pilates with Fe \$75  
 Th 6/26-8/28 7-8 p.m. 10 Pilates with Fe \$75  
 F 6/27-8/29 12-1 p.m. 10 Pilates with Fe \$75  
 S 6/28-8/30 8-9 a.m. 10 Pilates with Fe \$75

**Pilates Beginning**

This beginning class will slowly introduce you to more traditional Pilates movements with emphasis on proper form and appropriate modifications to best support your posture and challenge your muscles. Register directly with studio at 503.515.7585. Instructor: Fe Wagner. Age(s): Adult.

M 6/23-8/25 12-1 p.m. 10 Pilates with Fe \$75  
 M 6/23-8/25 6-7 p.m. 10 Pilates with Fe \$75  
 T 6/24-8/26 7-8 a.m. 10 Pilates with Fe \$75  
 Th 6/26-8/28 7-8 a.m. 10 Pilates with Fe \$75  
 Th 6/26-8/28 5-6 p.m. 10 Pilates with Fe \$75

## EXERCISE • SPORTS, continued

| DAY   | DATE(S)   | TIME      | # WEEKS | LOCATION   | FEE/LAB |
|---|-----------|-----------|---------|------------|---------|
| <b>Pilates/Yoga</b>   |           |           |         |            |         |
| Bringing together Pilates and Yoga in one great class, Tiffany will lead you through a progressive, flowing routine that will strengthen and stretch your body while relaxing your mind. All fitness levels welcome. Child care available. To get class dates and register call OC Fitness 503.656.0228 Instructor: Tiffany Carlson. Age(s): Adult. |           |           |         |            |         |
| M/W/F   | 6/23–8/29 | 12–1 p.m. | 10      | OC Fitness | \$105   |



## Pole Exercise for Fitness

Strengthen your mind and body while having fun. Ladies can improve muscle tone, lose weight, and build their self-esteem. This form of exercise increases upper body strength by using the body itself as resistance while toning the body as a whole. Register at 503.656.0228. Instructor: Williams. Age(s): Adult.

|   |           |             |   |            |       |
|---|-----------|-------------|---|------------|-------|
| W | 7/23–8/27 | 6:30–8 p.m. | 6 | OC Fitness | \$150 |
| M | 7/28–9/1  | 6:30–8 p.m. | 6 | OC Fitness | \$150 |

## Serious Sculpting

This class has a 15-minute warm-up and then combines weight lifting with cardio floor exercises. Learn basic workout combinations that strengthen and tone muscles. Register at 503.656.0228. Instructor: Fee. Age(s): Adult.

|      |           |               |    |            |      |
|------|-----------|---------------|----|------------|------|
| T/Th | 6/24–8/28 | 12–12:45 p.m. | 10 | OC Fitness | \$75 |
|------|-----------|---------------|----|------------|------|

## Step Exercise

Utilizing the step in many positions and heights, this compelling cardio program strengthens and shapes the lower body one step at a time. Energetic music and a motivating instructor create a spunky group experience. All fitness levels welcome. Register at 503.656.0228 Instructor: Krause. Age(s): Adult.

|       |           |                |    |            |      |
|-------|-----------|----------------|----|------------|------|
| M/W/S | 6/23–8/30 | 8:30–9:30 a.m. | 10 | OC Fitness | \$85 |
|-------|-----------|----------------|----|------------|------|

## Volleyball Camp

Volleyball camp lead by OCHS Assistant Varsity Coach and players. Fee includes camp T-shirt. Instructor: Cami Beatty. Age(s): 4th–6th Grades.

|      |           |                |   |                     |      |
|------|-----------|----------------|---|---------------------|------|
| M–Th | 6/16–6/19 | 9 a.m.–12 p.m. | 1 | OCHS Jackson Campus | \$60 |
|------|-----------|----------------|---|---------------------|------|

## Yoga

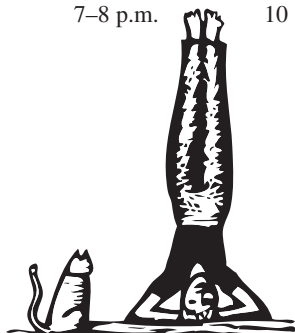
Come join this newly formed yoga class. This is a stretch yoga and relaxation class. Please bring a mat. Wear fitness clothing. Instructor: Terry Waddell. Age(s): Adult.

|    |           |                |   |                          |      |
|----|-----------|----------------|---|--------------------------|------|
| Th | 6/26–8/14 | 5:45–6:45 p.m. | 8 | Barclay Community Center | \$66 |
| Th | 6/26–8/14 | 7–8 p.m.       | 8 | Barclay Community Center | \$66 |

## Yoga Flow

Yoga Flow offers an eclectic blend of yoga for all levels. Please bring your own mat. Register directly with studio at 503.515.7585. Instructor: Larissa . Age(s): Adult.

|   |           |          |    |                 |      |
|---|-----------|----------|----|-----------------|------|
| W | 6/25–8/27 | 7–8 p.m. | 10 | Pilates with Fe | \$75 |
|---|-----------|----------|----|-----------------|------|



## PRESCHOOL

| DAY   | DATE(S)   | TIME            | # WEEKS | LOCATION           | FEE/LAB |
|---|-----------|-----------------|---------|--------------------|---------|
| <b>Hello Music</b>  |           |                 |         |                    |         |
| An exciting introduction to music. Activities include movement, singing, rhythms, keyboard playing and creative projects. An enjoyable readiness program. Parents involved. Materials included. Instructor: Staff. Age(s): 3–4 yrs. |           |                 |         |                    |         |
| T/Th  | 7/15–7/24 | 12:30–1:15 p.m. | 2       | Harmony Road Music | \$65    |

## Hello Music

An exciting introduction to music. Activities include movement, singing, rhythms, keyboard playing and creative projects. An enjoyable readiness program. Parents involved. Materials included. Instructor: Staff. Age(s): 3–4 yrs.

|     |          |             |   |                    |      |
|-----|----------|-------------|---|--------------------|------|
| M/W | 8/4–8/13 | 6:15–7 p.m. | 2 | Harmony Road Music | \$65 |
|-----|----------|-------------|---|--------------------|------|

## Junior Music Camp

Preschoolers enjoy a different musical theme each day. Singing, movement, rhythms, keyboard, musical games and crafts combine to make an active and creative experience. Materials included. Instructor: Staff. Age(s): 4–6 yrs.

|     |           |                 |   |                    |      |
|-----|-----------|-----------------|---|--------------------|------|
| M–F | 7/21–7/25 | 10 a.m.–12 p.m. | 1 | Harmony Road Music | \$85 |
|-----|-----------|-----------------|---|--------------------|------|

## Junior Music Camp

Preschoolers enjoy a different musical theme each day. Singing, movement, rhythms, keyboard, musical games and crafts combine to make an active and creative experience. Materials included. Instructor: Staff. Age(s): 4–6 yrs.

|     |          |                 |   |                    |      |
|-----|----------|-----------------|---|--------------------|------|
| M–F | 7/28–8/1 | 10 a.m.–12 p.m. | 1 | Harmony Road Music | \$85 |
|-----|----------|-----------------|---|--------------------|------|



## Musictime

Musictime encourages the development of musical concepts through singing, movement, keyboard/piano playing and creative projects. An active preschool program with parent involvement. Materials included. Instructor: Staff. Age(s): 4–5 yrs.

|     |          |                  |   |                    |      |
|-----|----------|------------------|---|--------------------|------|
| M/W | 8/4–8/13 | 10:45–11:30 a.m. | 2 | Harmony Road Music | \$65 |
|-----|----------|------------------|---|--------------------|------|

## Musictime

Musictime encourages the development of musical concepts through singing, movement, keyboard/piano playing and creative projects. An active preschool program with parent involvement. Materials included. Instructor: Staff. Age(s): 4–6 yrs.

|      |           |                |   |                    |      |
|------|-----------|----------------|---|--------------------|------|
| T/Th | 7/15–7/24 | 6:30–7:15 p.m. | 2 | Harmony Road Music | \$65 |
| M/W  | 8/4–8/13  | 5:45–6:30 p.m. | 2 | Harmony Road Music | \$65 |

## Preschool a.m. • 3-Year-Old

Focus on Kindergarten readiness/social skills development. A typical day: free play, large and small group time, music, story time. Snacks are co-op provided by parents 4 times per term. Must have turned 3 before 9/1/08. Orientation held 9/23 or 25, classes begin week of 9/29. **No class 11/11 or 11/27.** \$25 nonrefundable deposit will reserve a spot for fall. Remaining balance due 8/15. Instructor: Peggy Owens. Age(s): 3 yrs.

|      |           |              |    |                          |       |
|------|-----------|--------------|----|--------------------------|-------|
| T/Th | 9/23–12/4 | 9–10:55 a.m. | 11 | Eastham Community Center | \$230 |
|------|-----------|--------------|----|--------------------------|-------|

## Preschool a.m. • 4-Year-Old

Focus on Kindergarten readiness/Social Skills development. A typical day: free play, large and small group time, music, story time. Snacks are co-op provided by parents 3 times per term. Must have turned 4 before 9/1/08. Orientation held 9/22, 24 or 26 with classes starting the week of 9/29. **No class 11/28.** \$25 nonrefundable deposit will reserve your spot for fall. Remaining balance due 8/15. Instructor: Peggy Owens. Age(s): 4 yrs.

|       |           |                 |    |                          |       |
|-------|-----------|-----------------|----|--------------------------|-------|
| M/W/F | 9/22–12/5 | 9–11:25 a.m.    | 11 | Eastham Community Center | \$300 |
| M/W/F | 9/22–12/5 | 12:30–2:55 p.m. | 11 | Eastham Community Center | \$300 |

**PRESCHOOL, continued**

| DAY | DATE(S) | TIME | # WEEKS | LOCATION | FEE/LAB |
|-----|---------|------|---------|----------|---------|
|-----|---------|------|---------|----------|---------|

**Toddler Tunes**

A joyful first music class shared by tots and parents. Singing, movement, finger play, rhythms and keyboard games encourage active involvement. Materials included. Instructor: Staff. Age(s): 18 mos-3 yrs.

|      |           |                |   |                    |      |
|------|-----------|----------------|---|--------------------|------|
| T/Th | 7/15-7/24 | 9:30-10 a.m.   | 2 | Harmony Road Music | \$60 |
| M/W  | 8/4-8/13  | 5:45-6:15 p.m. | 2 | Harmony Road Music | \$60 |
| M/W  | 8/4-8/13  | 9:30-10 a.m.   | 2 | Harmony Road Music | \$60 |



**TAP and JAZZ**

**Tap and Jazz—Beginning**

Come join this 5-week summer session of beginning tap and jazz class from professional dance instructor Vicki Mills. Open to boys and girls. Student should have tap shoes and ballet slippers. Instructor: Vicki Mills. Age(s): 3-5 yrs.

|   |           |                |   |                          |      |
|---|-----------|----------------|---|--------------------------|------|
| M | 6/23-7/21 | 3:30-4:15 p.m. | 5 | Barclay Community Center | \$40 |
| M | 6/23-7/21 | 4:15-5 p.m.    | 5 | Barclay Community Center | \$40 |

**Tap and Jazz—Beginning**

Come join this 5-week summer session of beginning tap and jazz class from professional dance instructor Vicki Mills. Open to boys and girls. Student should have tap shoes and ballet slippers. Instructor: Vicki Mills. Age(s): 6-7 yrs.

|   |           |             |   |                          |      |
|---|-----------|-------------|---|--------------------------|------|
| M | 6/23-7/21 | 5-5:45 p.m. | 5 | Barclay Community Center | \$40 |
|---|-----------|-------------|---|--------------------------|------|

**Tap and Jazz—Beginning**

Come join this 5-week summer session of beginning tap and jazz class from professional dance instructor Vicki Mills. Open to boys and girls. Student should have tap shoes and ballet slippers. Instructor: Vicki Mills. Age(s): 8-10 yrs.

|   |           |                |   |                          |      |
|---|-----------|----------------|---|--------------------------|------|
| M | 6/23-7/21 | 5:45-6:45 p.m. | 5 | Barclay Community Center | \$53 |
|---|-----------|----------------|---|--------------------------|------|



**OUTDOOR**

**Canoe—Beginning Lesson**

Take a canoe lesson, so that you can learn to efficiently propel your canoe along our waterways. Canoe lessons teach basic forward, backward and steering strokes. This lesson prepares you for our tours. Cost includes canoe equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|   |     |              |   |                  |      |
|---|-----|--------------|---|------------------|------|
| S | 8/2 | 8:30-11 a.m. | 1 | Clackamette Park | \$37 |
|---|-----|--------------|---|------------------|------|

**Kayak Long Tour—Lesson with Transportation**

Explore local waterways at a leisurely pace in touring kayaks. These stable, responsive kayaks will allow you to quickly become proficient paddlers. Some include shuttles to allow you to paddle with the flow. Both solo and double kayaks are available. Includes brief intro lesson. We will paddle the Salmon River on the coast. Cost includes kayak equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|   |      |                     |   |                      |      |
|---|------|---------------------|---|----------------------|------|
| M | 6/30 | 8:15 a.m.-5:30 p.m. | 1 | Tualatin Park & Ride | \$66 |
|---|------|---------------------|---|----------------------|------|

**OUTDOOR, continued**

| DAY | DATE(S) | TIME | # WEEKS | LOCATION | FEE/LAB |
|-----|---------|------|---------|----------|---------|
|-----|---------|------|---------|----------|---------|

**Kayak Long Tour—Lesson with Transportation**

Explore local waterways at a leisurely pace in touring kayaks. These stable, responsive kayaks will allow you to quickly become proficient paddlers. Some include shuttles to allow you to paddle with the flow. Both solo and double kayaks are available. Includes brief intro lesson. We will paddle the Salmon River on the coast. Cost includes kayak equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|    |      |                     |   |                       |      |
|----|------|---------------------|---|-----------------------|------|
| Su | 7/27 | 8:15 a.m.-5:30 p.m. | 1 | Sunset TC Garage—BVTN | \$66 |
|----|------|---------------------|---|-----------------------|------|

**Mt. St. Helens Rim Hike**

Hike the rim of St. Helens for outstanding vistas of the surrounding Cascades and peer into the crater that is several thousand feet directly beneath you. Participants should be in good physical hiking shape with good balance on rocks and loose rock for this 9.4 mile round trip hike with 4500 feet gain and loss. Should start training at least 2 months ahead. Van transportation from pick-up location, user permit and guide included in price. Instructor: staff. Age(s): Adult.

|   |      |                  |   |                       |       |
|---|------|------------------|---|-----------------------|-------|
| F | 7/18 | 4:30 a.m.-8 p.m. | 1 | Tualatin Park 'n Ride | \$115 |
|---|------|------------------|---|-----------------------|-------|



**Touring Kayak—Beginning Lesson**

First half will include discussion on kayak equipment, steering strokes, paddling in a straight line, bracing and rescues. The second half will be a tour on a local waterway where you will have the chance to become proficient in your skills. Very stable solo and tandem kayaks with large cockpits are used. Cost includes kayak equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|   |     |                      |   |                                |      |
|---|-----|----------------------|---|--------------------------------|------|
| S | 8/2 | 11:30 a.m.-2:30 p.m. | 1 | Steelman Landing Sauvie Island | \$37 |
|---|-----|----------------------|---|--------------------------------|------|

**Touring Kayak—Long Tour & Lesson**

Explore local waterways at a leisurely pace in touring kayaks. These stable, responsive kayaks will allow you to quickly become proficient paddlers. Some include shuttles to allow you to paddle with the flow. Both solo and double kayaks are available. Includes brief intro lesson. Cost includes kayak equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|    |      |          |   |                  |      |
|----|------|----------|---|------------------|------|
| Su | 6/29 | 2-6 p.m. | 1 | Clackamette Park | \$56 |
|----|------|----------|---|------------------|------|

**Touring Kayak—Moving Water/Lesson & Tour**

Meet at Dabney Park and let the current propel you down the river through the gentle rapids providing you the thrills. We will teach maneuvering in moving water, eddy turns and ferries. Kayaks used are very stable with large cockpits. No need to roll your kayak. You will feel more comfortable if you have taken a previous kayak lesson. Cost includes kayak equipment and instructor. Lesson goes rain or shine. Instructor: Staff. Age(s): Adult.

|    |      |                   |   |                |      |
|----|------|-------------------|---|----------------|------|
| Su | 6/29 | 8:30 a.m.-12 p.m. | 1 | Riverside Park | \$51 |
|----|------|-------------------|---|----------------|------|

**Touring Kayak—Rescue**

Learn capsize techniques and rescue techniques. Also, learn how to brace, to minimize your chance of capsizing. Bring swim suit and towel. Cost includes kayak equipment. Instructor: Staff. Age(s): Adult.

|   |     |          |   |                  |      |
|---|-----|----------|---|------------------|------|
| S | 8/2 | 3-6 p.m. | 1 | Clackamette Park | \$37 |
|---|-----|----------|---|------------------|------|

**Auxiliary Programs  
Eastham Community Center**

1404 Seventh Street  
Oregon City, OR 97045  
503.785.8520  
Jeff Dexter, Director

**Academic Support**

Summer School  
Driver's Education  
Contracted instructional services.

**Community Education**

Preschool, youth and adult classes  
Krayon Kids Theater Co.  
Willamette Falls Symphony  
Jazzercise  
Summer break day camp programs.  
Contact Jeff Dexter

**Community Sports**

Basketball  
Volleyball  
Indoor soccer  
Other team sports  
Contact Todd Kemhus

**Extended Day/Kinder Day**

After-school enrichment provided at  
nine different sites.  
Contact Trish Rohani or Pat Woodward

**Eastham Community Center  
Building Tenants**

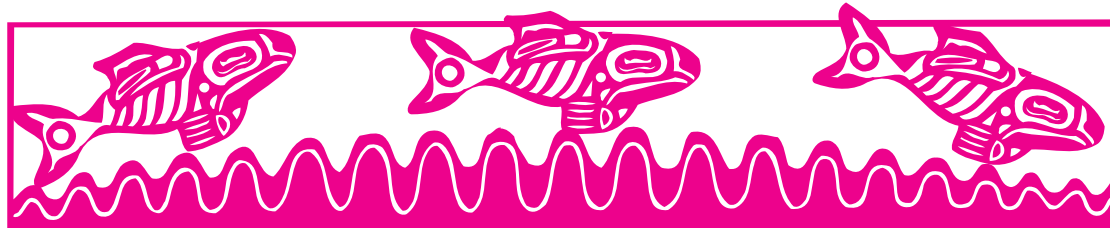
1404 7th Street  
Oregon City, OR 97045

Alliance Charter Academy ..... 503.785.8556  
Cascade Academic Program ..... 503.557.0336  
Jazzercise..... 971.219.0790  
Krayon Kids ..... 503.656.6099  
Maranatha Baptist Church ..... 503.722.4289

**Barclay Community Center  
Building Tenants**

817 12th Street  
Oregon City, OR 97045

Jacque Kunzman School of Ballet..... 503.656.1011  
Marylhurst Early Childhood Center ..... 503.650.0978  
Willamette Falls Symphony ..... 503.785.8520



**Oregon City Community Schools Registration Form**

Tel 503.785.8520 • Fax 503.657.2536

Payment:  Check  VISA  Mastercard

**Make checks payable to:**  
Oregon City Community Schools  
**Please return with payment to:**  
1404 7th St./P.O. Box 2110  
Oregon City, OR 97045

|                         |                 |           |  |              |
|-------------------------|-----------------|-----------|--|--------------|
| Participant's Last Name | First Name      | Initial   | Participant's Birth date: (Month/Day/Year) | Name on Card |
| Street Address          | City            | State     | Zip  | Card Number  |
| Home Phone              | Work Phone      | Signature |  |              |
| Card Number             | Expiration Date |           |  |              |

**OFFICE USE ONLY**

Tuition \_\_\_\_\_ Receipt # \_\_\_\_\_  
Fees \_\_\_\_\_ Date \_\_\_\_\_  
Total \_\_\_\_\_ By \_\_\_\_\_

| Participant's Name | School | Male/<br>Female | Grade | Course Title/Sport (school) | Time | Day(s) | Location | Start date | Total Cost |
|--------------------|--------|-----------------|-------|-----------------------------|------|--------|----------|------------|------------|
|                    |        |                 |       |                             |      |        |          |            |            |
|                    |        |                 |       |                             |      |        |          |            |            |
|                    |        |                 |       |                             |      |        |          |            |            |
|                    |        |                 |       |                             |      |        |          |            |            |

**Driver's Ed Only (must register in person)**

| Permit # | Class Time/Day | School | Drive Time | SS# | Book # | Term |
|----------|----------------|--------|------------|-----|--------|------|
|          |                |        |            |     |        |      |

**Yes, I am interested in coaching: Name \_\_\_\_\_ Day Phone \_\_\_\_\_**

**Please read and sign the following medical consent and release of liability to complete registration:** Oregon City School District does not provide medical insurance for participants of any community school programs. I will assume responsibility for all medical care resulting from injuries sustained by myself/child due to participation in any of these programs. I release and discharge Oregon City School District from any and all claims for personal injuries. In absence of signature, payment of fees and participation in the program shall constitute acceptance of the conditions set forth in this release.

**Parent Name \_\_\_\_\_ (please print) Parent Signature \_\_\_\_\_**